# CONNECTED HEALTH SUMMEngaging Consumers



S	SEPT 4 – 9:45 AM	SEPT 4 – 11:45 AM	SEPT 4 – 5:00 PM	SEPT 5 – 9:45 AM	SEPT 5 – 11:45 AM
OTE	SCENSION	Humana.		Walgreens	<b>A</b> OPTUM <sup>™</sup>
EVN	"The Shift to Consumer- Centric: Perspectives from Health Systems"	"Applying Connected Health to the Wellness Market: The "Triple	"Building a Consumer- Centric Connected Health Ecosystem"	"Consumer Engagement As A Loyalty Strategy"	"Enhancing the Consumer's Pro- pensity to Succeed in a Digital Health Management World"
X	Chris Young, VP, New Virtual Market Development & Incubations Ascension Health	<b>Threat" Driving Growth</b> " Chris Nicholson, VP & COO, Humana Wellness	James R. Mault, M.D., F.A.C.S., VP & Chief Medical Officer, Qualcomm Life	Adam Pellegrini, VP, Digital Health, Walgreens	Ronald J. Ozminkowski, Ph.D., SVP & Chief Scientific Officer, Consumer Solutions Group, Optum
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**Connected Health Summit: Engaging Consumers** analyzes the roles of digital health technologies and innovations in driving changes in consumer behaviors and business models. **ConnectedHealthSummit.com** 

## **Parks Associates Research Highlights**

# CONSUMER-CENTRIC WELLNESS & FITNESS SOLUTIONS

27% of U.S. broadband households own and use at least one connected health device.

**6% of U.S. broadband households own and use** a Wi-Fi or Bluetooth-connected fitness/activity tracking device.

**13%** of U.S. broadband households **are very likely to purchase** a connected health device in the next 12 months.

More than 32 million U.S. consumers will actively track their personal health & fitness online or via mobile by 2016.

The connected health and wellness solution market will generate almost \$8 billion in revenue in 2018 from selling hardware, software/apps, and wellness services.

# REMOTE HEALTH MONITORING FOR ACCOUNTABLE CARE

**65% of U.S. broadband households** will use some type of virtual care communications by 2018.

**13% are interested in virtual tools** to manage medications, and **15% are interested in post-surgery** virtual monitoring.

The number of U.S. households using video consultations for their care needs will increase to 22.6 million in 2018.

22% of consumers in U.S. broadband households stored health information electronically in the past 12 months.

### INDEPENDENT LIVING TECHNOLOGIES & SERVICES

**Nearly 22 million** U.S. broadband households **currently either care for a family member** with a chronic health condition or anticipate doing so in the near future.

The market for senior-focused independent living solutions will grow 11% annually on average for the next five years, generating \$1.4 billion in service revenues in 2018.

**By 2018,** the total number of **independent living service subscribers will be 4.3 million** in the U.S., **650,000** in Canada, and **1.66 million** in the U.K.

**16% of consumers ages 65** and older in U.S. broadband households **use at least one independent living solution; 30% find** at least one solution "**very appealing**."

### **INNOVATIVE CONVENIENCE CARE MODELS**

**42%** of U.S. broadband households **have used at least one online service offered by their doctors.** The most common service, both in terms of use and availability, is the option to request a prescription refill online.

By 2018, almost 135 million consumers will benefit from care practices following the accountable care principles.

ACOs will generate nearly \$1 billion in care management revenues this year.

The U.S. connected healthcare market will reach an aggregated value of over \$30 billion by 2018. © Parks Associates.

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Research from @ParksAssociates



### PARKS ASSOCIATES International Research & Analysis on the Evolving Digital Health Markets

### New research & interactive discussions on business strategies & new healthcare services

### **RESEARCH AVAILABLE**

**Consumer Research** Surveys & Analysis of U.S. Broadband Households

**360 View:** Health Devices & Services for Connected Consumers

**Digital Health Consumers:** A Lifestyle & Technology Segmentation **Prescribing Apps:** Engaging Health Consumers

#### Industry Reports Market Trends, Player Profiles, & Forecasts

Delivering Quality Healthcare to the Digital Home: The 2014 Edition

- Mobile Carriers & Wireless Healthcare Opportunities
- Wearable Computing: Fitness & Health in Style

### **FREE RESOURCES**

### Whitepapers

# Connected Health Opportunities for Service Providers

www.parksassociates.com/ whitepapers/connected-health

- Virtual Care: Technologies and Business Models
- Independent Living At Home: Second Edition
- Leveraging Partnerships to Deliver Home Energy Management

### Industry Webcasts—NO FEES

#### "Engaging Consumers with Connected Health Technologies" DOWNLOAD TODAY

parksassociates.com/connected-health-june2014

### Newsletters

Sign up for the Digital Health newsletter and more at www.parksassociates.com/newsletter

### Parks Associates' UPCOMING EVENTS

### 

CONNECTIONS<sup>™</sup> Europe

November 18-19, 2014 Amsterdam

CONNECTIONS Europe.com

### CONNECTIONS SUMMIT

CONNECTIONS<sup>™</sup> Summit at CES

January 6, 2015 Las Vegas, NV

CONNECTIONS Summit.com



Smart Energy Summit: Engaging Consumers

February 16-18, 2015 Austin, TX

SES2015.com

### **Consumer health segments:**

Parks Associates has identified four consumer segments based on their health conditions and activities. Of all U.S. broadband households:

26% of consumers are healthy and engaged

25% are challenged but mindful

28% are unhealthy and in denial

21% are young and indifferent

www.parksassociates.com/health-segments

### **Consumer Segmentation:** HEALTH GROUPS

U.S. Broadband Households



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### PARKS PERSPECTIVES

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**REQUEST INTERVIEW** OR **INQUIRE ABOUT DATA:** 

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